



Diabetes Workshop: Survival Skills

For those newly diagnosed with diabetes, or new enrollees who have existing diabetes.

Topics include: managing blood glucose levels, insulin resistance, medications, preventing hypoglycemia, nutrition and more.

- You must register to attend! Sign up online at ManateeYourChoice.com or contact Florey Miller, Diabetes Educator at 941.748.4501 ext 6410 or fmiller@manateeyourchoice.com
- Attendance at both sessions of the workshop is mandatory.

Session One	Session Two	Time	Location
Monday, February 26	Wednesday, February 28	5:30p - 7:45p	Central Library - 1st Floor 1301 Barcarrota Ave, Bradenton, FL 34205
Monday, April 23	Wednesday, April 25	5:30p - 7:45p	Central Library - 1st Floor 1301 Barcarrota Ave, Bradenton, FL 34205
Monday, May 21	Wednesday, May 23	5:30p - 7:45p	Central Library - 1st Floor 1301 Barcarrota Ave, Bradenton, FL 34205
Monday, June 18	Wednesday, June 20	5:30p - 7:45p	Central Library - 1st Floor 1301 Barcarrota Ave, Bradenton, FL 34205
Monday, August 13	Wednesday, August 15	5:30p - 7:45p	Central Library - 1st Floor 1301 Barcarrota Ave, Bradenton, FL 34205
Monday, October 22	Wednesday, October 24	5:30p - 7:45p	Central Library - 1st Floor 1301 Barcarrota Ave, Bradenton, FL 34205

Single Session	Time	Location
Saturday, July 28	11:30a - 4:30p	Central Library - 1st Floor 1301 Barcarrota Ave, Bradenton, FL 34205

Note: This Workshop is no longer available as a Qualifying choice to members who have taken it previously.



For More Information Contact: Florey Miller
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