

# Employee Wellness Program

Manatee County Government Employees NOT on the YourChoice Health Plan



The following information is a guide for MCG Employees that are NOT YourChoice Health Plan Members. Note: All YourChoice Health Plan Members, regardless of employment status, are eligible for the programs & services listed as well as other services not listed.

## Wellness Programs Available to Employees NOT on the Health Plan:

Manatee County Government Employees (*Fulltime, Part-time and OPS*) and Employees of Manatee County Government's Supporting Agencies (*e.g. State Attorney's Office*) are eligible to participate in the following YourChoice Wellness Programs & Services, regardless of whether they are a YourChoice Health Plan Member or not. However, in some cases where seats are limited Health Plan Members will be given priority.

- Downtown YourChoice Fitness Center & On-Site Group Fitness Classes
- YourChoice Educational Programs; most workshops & classes\*
- Discounted programs like gym memberships, Man Up & Power Up, financial coaching, etc.

*\*Most YourChoice Program Instructors are paid a flat hourly rate; these programs are open to all as indicated above. Program Instructors that require a fee per person are not available to Non-Health Plan Members, i.e. Personal Training is not subsidized for non-health plan members, you may inquire with the trainer directly and negotiate rate.*

## BCC & Constitutional Agency Employees Only:

The following programs & services are available to ALL active Employees of the BCC and Constitutional Agencies, whether they are a YourChoice Health Plan Member or not\*.

- In-house LAMP Benefits *Includes Fulltime, Part-time and OPS Personnel*
  - 5 sessions at no cost per calendar year
- Work Site Flu Shots *Includes Fulltime, Part-time and OPS Personnel*
- Health Buck Incentive Programs such as Diabetes Mission Control & Health First *Fulltime Personnel Only*
  - Refer to the website for more details about Health Bucks programs.

*\*BCC: Public Works, Utilities, Building, Comm Svc, Parks & Rec, Public Safety, Convention, County Attorney, FMD, HR, IT, Nat Res, Neighborhood Svc, PMD, REO, Public Safety*

*\*Constitutions: Clerk of Court, PAO, MSO, Supervisor of Elections, Housing Authority, Port, Tax Collector*

## Programs/Benefits NOT Available:

The following programs/benefits are only available to active Members of the Manatee YourChoice Health Plan. **Non-member Employees may NOT** participate in the following:

- Nicotine Replacement Program
- Surgical Weight Loss Program
- Registered Dietitian Benefit
- Wellness Reimbursement
- Personal Training Benefit
- Off-Site Group Fitness
- Health Coaching

*The items listed above are meant to be a guide and are not limited to just the above items listed*

