



Behavioral Health Services

Manatee YourChoice Health Plan

WHAT IS LAMP BEHAVIORAL HEALTH AND HOW CAN IT HELP ME?

LAMP is the behavioral health benefit for Manatee YourChoice Health Plan. LAMP is a voluntary, confidential, solution-focused counseling service. LAMP advocates provide employees and their families emotional and behavioral support in order to provide overall wellbeing at home and in the workplace.

HOW DO I ACCESS LAMP SERVICES?

Call the LAMP line at (941) 741-2995 from 8am to 5pm Monday through Friday. Finding the right counselor and/or psychiatrist is an important step when engaging in behavioral health services. By contacting the LAMP line you have the opportunity to speak directly with the Care Coordinator who can help provide guidance and recommendations to best meet your needs. All calls are confidential.

WHAT SERVICES ARE OFFERED THROUGH LAMP?

- Services offered include, but are not limited to: Individual counseling, family counseling, psychiatric services and referrals to a specialist.
- Site Specific Programming is offered on a variety of behavioral health issues that could be negatively effecting employees on the job and at home. Example: Stress Management, Compassion Fatigue, Mindfulness and other topics as requested.
- LAMP advocates are available to provide crisis appointments for employees who are in need of talking with someone immediately. LAMP advocates are also available to go to the worksite if a traumatic event occurs.

WHAT DO I DO IF I NEED BEHAVIORAL HEALTH ASSISTANCE AFTER 5PM OR ON THE WEEKENDS?

LAMP is not is not a 24/7 crisis program. If you would like to speak with someone after 5pm, Centerstone has a walk-in center that is open until 7:00pm M-F, located at 371 6th Avenue West, Bradenton.

If you are having a psychiatric emergency, please call either Suncoast Behavioral Health Care at 941-251-5000, Centerstone Hospital & Addiction Center at 941-782-4600, or Bayside Center for Behavioral Health at 941-917-7760.

If it is an emergency, please call 911 or go to your nearest emergency room.

IMPORTANT PHONE NUMBERS

LAMP Line	941-741-2995
Bayside Center for Behavioral Health (Sarasota)	941-917-7760
Centerstone Hospital & Addiction Center (Bradenton)	941-782-4600
Suncoast Behavioral Health (Bradenton)	941-251-5000
Emergency	911