

The Real Reason People Don't Take Their Meds

[hint: It's not what you think]

Learn why taking meds consistently may be the single best way to improve your blood sugar. Plus, get tips for what to do about forgetting to take your meds.

Instructed by Chris Williams, PharmD

Date	Time	Location
Wednesday, February 21	12p - 12:45p	Utilities, Large Conf Room 4410 66th St W, Bradenton
Thursday, April 5	12p - 12:45p	Public Works, Conf Room 1&2 1100 26th Ave E, Bradenton
Tuesday, May 15	12p - 12:45p	Admin Bldg, Heron Room 1112 Manatee Ave W, Bradenton
Saturday, June 2	1p - 2p	Central Library, Auditorium 1301 Barcarrota Blvd W, Bradenton
Wednesday, June 27	12p - 12:45p	MSO Ops, Media Classroom *MSO/CPID Personnel Only 600 301 Blvd W, #202, Bradenton
Wednesday, July 18	6p - 7p	Central Library, Auditorium 1301 Barcarrota Blvd W, Bradenton

Open to all employees and health plan members!

- Can be used to complete Qualifying Requirements for Diabetes Education for those members with 2017 Qualifying A1C at 7.1 to 8.9.
- This class does not count as one group session in the Prevent Diabetes program.

Register at www.manateeyourchoice.com/register

(Select "The Real Reason" in the dropdown menu or use the search bar)

