



PROBIOTICS 101: The Power of the Gut

Feed Your Gut..... your Mind, Body and Overall Health.

Learn what probiotics are, what they do and don't do & what we are still learning.

Instructed by Natalia Garcia, RDN, LDN, CISSN, CHWC

Date	Time	Location
Friday, April 20	12p - 12:45p	Public Works, Conf Room 1 1022 26th Ave E, Bradenton
Thursday, May 3	12p - 12:45p	Admin Building, 4th Floor Osprey Room 1112 Manatee Avenue West, Bradenton
Thursday, May 17	12p - 12:45p	MSO Training Center @ Central Jail 14490 B Harlee Road, Palmetto

Register at www.manateeyourchoice.com/register

(Select "Probiotics 101" in the dropdown menu or use the search bar)



For More Information Contact: Christina Edenfield
941.748.4501 x6464 | cedenfield@manateeyourchoice.com

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