



# REGISTERED DIETITIAN SERVICES

Adult Manatee YourChoice Health Plan members receive their first 5 visits with a dietitian at no cost, and pay a co-pay for the next 15 (up to 20 total visits per year). Use these visits to get personalized assistance with:

- Reaching your wellness goals
- Managing diseases & conditions
- Nutrition advice & guidance
- Food allergies, sensitivities & intolerances
- Menu planning & recipe substitution tips
- And more!

## In-Network Registered Dietitians

(first 5 visits are free of charge; \$25 co-pay after first 5 visits)



**LuAnne Howard, MS, RD, CSSD, LDN, CDE**

☎ 941-747-9984

✉ [Hlphoward1@aol.com](mailto:Hlphoward1@aol.com)

2424 Manatee Ave. W. Suite 105  
Bradenton, FL 34205



**Natalia Garcia, RDN, LDN, CISSN**

☎ 941-264-4644

✉ [rdnutritiongroup@gmail.com](mailto:rdnutritiongroup@gmail.com)

YourChoice Fitness Center  
1012B Manatee Ave W  
Bradenton, FL 34205  
*Also travels to your worksite*



**Paulette Weber, RDN, LDN, CLT**

☎ 941-448-9633

✉ [Paulette@enlightenedrd.com](mailto:Paulette@enlightenedrd.com)

2401 University Parkway, Suite 104  
Sarasota, FL 34243

*Also travels to your worksite*



**Pamela Mathis, MEd, RDN, LD, CWC, CLT**

☎ 941-907-3757

✉ [Pam@NutritionCoachPam.com](mailto:Pam@NutritionCoachPam.com)

3277 C Fruitville Rd., Suite 2  
Sarasota, FL 34237



Contact an RD directly to make an appointment. If you have questions about your benefits, or aren't sure which RD is best for you, contact Christina Edenfield at 941.748.4501 x6464 for assistance.