



April
25

MCG EMPLOYEES AND
ADULT HEALTH PLAN
MEMBERS ARE INVITED TO
ATTEND

SUNSET YOGA

WITH LARAE

5:30P - 6:30P | RIVERWALK (MEET AT ICE CREAM SHOP)

WATER & FRUIT PROVIDED | BRING YOUR OWN YOGA MAT*

*LIMITED NUMBER OF MATS AVAILABLE TO BORROW IF NEEDED

YourChoice
MANATEE HEALTH PLAN