

TOBACCO PROGRAM OPTIONS & COURSE SCHEDULE



Choose your program to qualify for the **2019 BEST Plan Level**
No Copays! No Certificate of Completion (except Quit Line)!



Tobacco Education: Online Course

A good option if you don't think you want to quit and just want to qualify. But, this online module will ask you to consider thinking differently utilizing videos, articles and quizzes.

Requires registration and a passing score of 80%. Register at manateeyourchoice.com/register.



Quit Line

Florida Quit Line for those who may want to quit but need the convenience of telephonic coaching. **3 sessions and a Certificate of Completion required. Call 1-877-822-6669 (877-U-CAN-NOW).**

Record your intent to complete this option by registering at manateeyourchoice.com/register.

NOTE: The Quit Line certificate of completion must be sent and received by Christina Edenfield (email cedenfield@manateeyourchoice.com) by August 31, 2018. Upon receipt, you will receive a confirmation email. If you do not receive an email confirmation within 48 hours, contact Christina prior to August 31 at 941.748.4501 x6464.



Tobacco Cessation Course (Face-to-Face)

Open to anyone, even if you're not ready to quit. Register at manateeyourchoice.com/register.

DATE	TIME	LOCATION
TUES, MARCH 13	3:30p - 5:30p	UTILITIES, LARGE CONF ROOM 4410 66th Street W, Bradenton
TUES, APRIL 10	3:30p - 5:30p	PUBLIC WORKS, CONF ROOM 1 & 2 1022 26th Ave E, Bradenton
SAT, APRIL 21	10a - 12p	PALMETTO LIBRARY AUDITORIUM 923 6th Street W, Palmetto
SAT, MAY 5	10a - 12p	MYAKKA PW HIGHWAY 36650 Arcadia Ave, Myakka City
WED, MAY 9	5:30p - 7:30p	CENTRAL LIBRARY, AUDITORIUM 1301 Barcarrota Blvd W, Bradenton
SAT, JUNE 30	10a - 12p	BRADEN RIVER LIBRARY 4915 53rd Ave E, Bradenton

If your nicotine status has changed (you started using tobacco or quit using tobacco), you must contact Christina Edenfield at cedenfield@manateeyourchoice.com or 941.748.4501 x6464. **Failure to do so could result in a change to your plan level.**

ALL PROGRAMS MUST BE COMPLETED BY 8/31/18 TO QUALIFY FOR THE BEST PLAN
 Easy registration online at manateeyourchoice.com or contact Beth at 941.748.4501 x6412