



**1 OF 2 REQUIRED CLASSES**  
 For Newly Diagnosed & New Enrollees with Diabetes

# The Basics of Diabetes Care

The essentials of diabetes care including managing blood sugar levels, medication, preventing complications and more.

Sign up online at [www.manateeyourchoice.com/register](http://www.manateeyourchoice.com/register) or contact Florey Miller, Diabetes Educator at 941.748.4501 ext 6410 or [fmiller@manateeyourchoice.com](mailto:fmiller@manateeyourchoice.com)

Date	Time	Location
Monday, February 24	5:30p - 7:30p	Central Library 1301 Barcarrota BLVD W., Bradenton, FL 34205
Tuesday, April 28	5:30p - 7:30p	Palmetto Library 923 6th St W, Palmetto, FL 34221
Wednesday, June 17	5:30p - 7:30p	Central Library 1301 Barcarrota BLVD W., Bradenton, FL 34205
Monday, August 24	5:30p - 7:30p	Central Library 1301 Barcarrota BLVD W., Bradenton, FL 34205
Monday, October 19	5:30p - 7:30p	Central Library 1301 Barcarrota BLVD W., Bradenton, FL 34205

Both Classes in 1 Session	Time	Location
Saturday, July 25	10a - 3p	Palmetto Library 923 6th St W, Palmetto, FL 34221

**Open to all employees and health plan members!**

- Counts as one of two required programs for newly diagnosed and new enrollees with diabetes.
- Can be used to complete Qualifying Requirements for those members with 2019 Qualifying A1C of 7.1 to 8.9.



For More Information Contact: Florey Miller  
 941.748.4501 x6410 | [fmiller@manateeyourchoice.com](mailto:fmiller@manateeyourchoice.com)