

1 OF 3 REQUIRED CLASSES
 For Newly Diagnosed & New Enrollees with Diabetes



Coping With Diabetes

Diabetes is a hard disease to cope with. This program will review how it can affect your stress level, self-care, and emotional well-being, and teach you ways to improve them.

Facilitated by Shakiya Snipes, MSW, RCSWI, LAMP Counselor

Sign up online at www.manateeyourchoice.com/register or contact Florey Miller, Diabetes Educator at 941.748.4501 ext 6410 or fmiller@manateeyourchoice.com

Date	Time	Location
Tuesday, April 30	5:30p - 7:30p	Employee Health Benefits 5213 4th Ave Circle E., Bradenton, FL 34208
Tuesday, May 28	5:30p - 7:30p	Employee Health Benefits 5213 4th Ave Circle E., Bradenton, FL 34208
Tuesday, June 25	5:30p - 7:30p	Employee Health Benefits 5213 4th Ave Circle E., Bradenton, FL 34208
Tuesday, August 27	5:30p - 7:30p	Employee Health Benefits 5213 4th Ave Circle E., Bradenton, FL 34208
Tuesday, October 29	5:30p - 7:30p	Employee Health Benefits 5213 4th Ave Circle E., Bradenton, FL 34208

All 3 Classes in 1 Session	Time	Location
Saturday, July 27	9:30a - 4:45p	Palmetto Library 923 6th St W, Palmetto, FL 34221

Open to all employees and health plan members!

- Counts as one of three required programs for newly diagnosed and new enrollees with diabetes.
- Can be used to complete Qualifying Requirements for Diabetes Education for those members with 2018 Qualifying A1C of 7.1 to 7.9.



For More Information Contact: Florey Miller
 941.748.4501 x6410 | fmiller@manateeyourchoice.com

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