

DIABETES EDUCATION

2020 Class Schedule

Register at www.manateeyourchoice.com/register

[No Diabetes Education Classes in January]

FEBRUARY

S	M	T	W	R	F	S
						1
2	3	4	5	6	7	8
8	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

24: BASICS OF DIABETES CARE (Central Library, 5:30pm)

25: LISTENING SESSION (Admin, 12pm)

26: WHAT CAN I EAT? (Central Library, 5:30pm)

MARCH

S	M	T	W	R	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

10: LISTENING SESSION (Utilities, 12pm)

APRIL

S	M	T	W	R	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

14: LISTENING SESSION (Public Works, 12pm)

23: WHAT CAN I EAT? (Palmetto Library, 5:30pm)

28: BASICS OF DIABETES CARE (Palmetto Library, 5:30pm)

MAY

S	M	T	W	R	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

7: DINING WITH DIABETES (UF Extension, 6pm)

[4-week course, May 7, 14, 21 & June 11]

21: LISTENING SESSION (MSO, 12pm)



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JUNE

S	M	T	W	R	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

- 9: LISTENING SESSION** (Palmetto Library, 6pm)
- 15: WHAT CAN I EAT?** (Central Library, 5:30pm)
- 17: BASICS OF DIABETES CARE** (Central Library, 5:30pm)
- 23: EXTINGUISHING BURNOUT** (EHB, 5:30pm)

JULY

S	M	T	W	R	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- 14: EXTINGUISHING BURNOUT** (EHB, 5:30pm)
- 23: LISTENING SESSION** (Palmetto Library, 6pm)
- 25: ALL SURVIVAL SKILLS COURSES** (Basics of Diabetes Care & What Can I eat?) (Palmetto Library, 10am)

AUGUST

S	M	T	W	R	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- 11: EXTINGUISHING BURNOUT** (EHB, 5:30pm)
- 24: BASICS OF DIABETES CARE** (Central Library, 5:30pm)
- 26: WHAT CAN I EAT?** (Central Library, 5:30pm)

[No Diabetes Education Classes in September]

OCTOBER

S	M	T	W	R	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- 19: BASICS OF DIABETES CARE** (Central Library, 5:30pm)
- 21: WHAT CAN I EAT?** (Central Library, 5:30pm)

[No Diabetes Education Classes in November or December]

