



FITNESS FUN DAY!

Thursday, August 29 | 5pm - 7pm

DANCE-A-THON

And New Fitness Room Grand Opening!!

Whether you're a dance expert or a newbie, grab a coworker and stop in for our Fitness Fun Day dance-a-thon for a guaranteed fun time AND check out our new fitness room! Our Zumba® instructors (Sandra, Silvia, and Tammy) will lead you in a series of Zumba® routines, and Bang instructor, Kelly, will lead you through the edgy, fun, martial arts inspired dance format. **NO EXPERIENCE NECESSARY! STAY FOR AS LITTLE OR AS LONG AS YOU WANT!**

Refreshments provided. Raffle every 30 minutes - must be present to win.

YourChoice Fitness Center
NEW Fitness Room
1012B Manatee Ave, Bradenton
941-748-4501 x3979