



SMART Couples Florida

Making SMART Choices for Healthy Relationships

Relationship Skills Workshops

**FREE, FUN, FOOD,
AND GIFT CARDS**

*Improve Communication. Resolve Conflicts.
Strengthen Your Relationship.*

Manatee County Extension

1303 17th St. W Palmetto, FL 34221

All classes meet once a week for 5 weeks

6:00 pm to 8:30 pm

Before You Tie the Knot

For singles & couples

Mondays, March 18, April 1, April 8, April 15, April 22

**ELEVATE: Taking Your Relationship to the
Next Level - For couples**

Thursdays: March 21, April 4, April 11, April 18, April 25



**Enroll in a
SMART Couples
workshop today**

Preregistration
is required.

Please go to
Classes & Events at
smartcouples.org
or contact

UF/IFAS Extension Manatee
Nelly Nelson, Agent
941-722-4524 x 1854
nelly.nelson@ufl.edu
Tami Dalto
941-722-4524 x 1850
tdalto@ufl.edu

Check out our easy-to-use website at
SMARTcouples.org

Funding for this project is provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: # 90FMO079-02-00. These services are available to all eligible persons, regardless of race, gender, age, disability or religion. In accordance with the Americans with Disabilities Act and Section 286.26, F.S., persons needing accommodations or an interpreter to participate in programs should contact their UF/IFAS Extension office no later than 5 days prior to the scheduled meeting time or call 1-800-955-8771 (TDD).

UF | IFAS Extension
UNIVERSITY of FLORIDA

