



**1 OF 3 REQUIRED CLASSES**  
 For Newly Diagnosed & New Enrollees with Diabetes

## What Can I Eat?

For a lot of people with diabetes, the most challenging part is figuring out what to eat. Get all of your questions answered during this session.

Sign up online at [www.manateeyourchoice.com/register](http://www.manateeyourchoice.com/register) or contact Florey Miller, Diabetes Educator at 941.748.4501 ext 6410 or [fmiller@manateeyourchoice.com](mailto:fmiller@manateeyourchoice.com)

Date	Time	Location
Wednesday, February 27	5:30p - 7:30p	Central Library 1301 Barcarrota BLVD W., Bradenton, FL 34205
Monday, April 22	5:30p - 7:30p	Central Library 1301 Barcarrota BLVD W., Bradenton, FL 34205
Wednesday, May 22	5:30p - 7:30p	Central Library 1301 Barcarrota BLVD W., Bradenton, FL 34205
Thursday, June 27	5:30p - 7:30p	Employee Health Benefits 5213 4th Ave Circle E., Bradenton, FL 34208
Wednesday, August 21	5:30p - 7:30p	Employee Health Benefits 5213 4th Ave Circle E., Bradenton, FL 34208
Monday, October 21	5:30p - 7:30p	Central Library 1301 Barcarrota BLVD W., Bradenton, FL 34205

All 3 Classes in 1 Session	Time	Location
Saturday, July 27	9:30a - 4:45p	Palmetto Library 1301 Barcarrota Ave, Bradenton, FL 34205

**Open to all employees and health plan members!**

- Counts as one of three required programs for newly diagnosed and new enrollees with diabetes.
- Can be used to complete Qualifying Requirements for Diabetes Education for those members with 2018 Qualifying A1C of 7.1 to 7.9.



For More Information Contact: Florey Miller  
 941.748.4501 x6410 | [fmiller@manateeyourchoice.com](mailto:fmiller@manateeyourchoice.com)

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